



Meeting Murcia

Project title: Voga&Share

Schedule

Wednesday, 14.12.2022	
-	Partners Arrivals
Thursday, 15.12.2022	
09:00 – 09:30	Arrival of participants (coffee)
09.30 – 09:45	Welcome speeches
09:45-11:00	Going through all Project activities, Work packages and IO
11:00 – 11:45	Coffee break – Displacement Sport Club
11:45 – 13:45	<ul style="list-style-type: none"> Sea rowing and Program of modernization of recruitment of talents in rowing for young people in the Region of Murcia Practical session of sea rowing and dragon boat (Laura Salmerón) (Bring waterproof clothing for those who want to participate)
13:45 – 15:30	Lunch
15:30 – 16:45	Discussion about project activities - Activities evaluation - Vogalonga
16:45 – 17:00	Open discussion, conclusions
17:05	Meeting closure
	Cultural visit Cartagena – Free time
20:00	Official Dinner
Friday, 16.12.2022	
09:00 – 09:30	Arrival of participants (coffee)
09:30 – 09:45	Open session conference José María López, Arturo Díaz, Rosario Genchi
10:15 – 10:45	1th Speech: Beach Sprint Rowing - the future is now! Presenter: Fabio Patrignani (MSV)
10:45-11:15	Presentation Voga&Share Project & Voga&Care Manual Francisco Borrego, Salvador Angosto, Guillermo López
11:45-12:15	2nd speech: A test for young rowers. The strange case of 20 seconds Presenter: Daniele Zangla (CUS Palermo)
12:15 – 12:35	Coffee break
12:35 – 13:05	3rd Speech: The importance of modern technology in rowing training and monitoring Presenter: Andrei Dragomir
13:05 – 13:35	4th Speech: Rowing for Education Presenter: Antoine Mevel
13:35 – 14:05	5th Speech Nutritional strategies for young rowers Presenter: Adrián Bayonas (UMU)
14:05 – 14:15	Conference Close
14:15	Lunch

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Co-funded by the
Erasmus+ Programme
of the European Union

MEETING PLACE AND CONFERENCE

UPCT Escuela Técnica Superior Ingeniería Agronómica,
P.º Alfonso XIII, 48,
30203 Cartagena, Murcia

Practical Session

To determinate

HOTEL

1. Hotel Sercotel Carlos III***

C. Carlos III, 49, 30203 Cartagena, Murcia

Web: <https://www.carlosiiihotel.com/>

Prize: double room aprox- 60-70€

Distance meeting place: 3 min

2. Hotel Sercotel Alfonso XIII****

P.º Alfonso XIII, 40, 30203 Cartagena, Murcia

Web: <https://www.hotelalfonsoxiii.com/>

Prize: double room aprox- 80-100€

Distance meeting place: 2 min

3. Hotel Habaneros***

Calle de San Diego 60, 30202 Cartagena, Murcia

Web: <https://www.hotelhabaneroscartagena.com/>

Prize: double room aprox- 50-70€

Distance meeting place: 6 min

